

# LITTLE ROCK ALLERGY & ASTHMA CLINIC

## MEDICATIONS THAT MAY INTERFERE WITH SKIN TESTING

<b>STOP THESE MEDICATIONS 3 DAYS (72 HOURS) PRIOR TO YOUR APPOINTMENT:</b>	
<p><b><u>ALLERGY/ SINUS / COLD MEDICATIONS</u></b></p> <ul style="list-style-type: none"> <li>• Advil Allergy Sinus / PM</li> <li>• Alka Seltzer PM</li> <li>• Brompheniramine (Dimetapp)</li> <li>• Cetirizine (Zyrtec, Zyrtec D)</li> <li>• Chlorpheniramine (Chlor-Trimeton, Ed-A-Hist)</li> <li>• Desloratadine (Clarinet, Clarinet D)</li> <li>• Diphenhydramine (Benadryl)</li> <li>• Doxylamine (Unisom)</li> <li>• Excedrin PM</li> <li>• Fexofenadine (Allegra, Allegra D)</li> <li>• Hydroxyzine (Atarax, Vistaril)</li> <li>• Levocetirizine (Xyzal)</li> <li>• Loratadine (Alavert, Claritin, Claritin D)</li> <li>• Meclizine (Antivert, Bonine)</li> <li>• Mucinex Allergy / Severe Cold and Flu</li> <li>• Nyquil Cold and Flu</li> <li>• Robitussin Allergy / Cough / Cold</li> <li>• Sudafed Cold/Plus</li> <li>• Theraflu / Cold and Cough</li> <li>• Tripolidine (Actifed)</li> <li>• Tylenol Allergy / Cold / PM</li> <li>• Vicks Children's Cold</li> </ul> <p><b><u>ANTI-HISTAMINE NOSE SPRAYS</u></b></p> <ul style="list-style-type: none"> <li>• Azelastine (Astelin, Astepro, Dymista)</li> <li>• Olopatadine (Patanase, Ryaltris)</li> </ul>	<p><b><u>ANTI-HISTAMINE EYE DROPS</u></b></p> <ul style="list-style-type: none"> <li>• Azelastine (Optivar)</li> <li>• Bepotastine (Bepreve)</li> <li>• Epinastine (Elestat)</li> <li>• Emedastine (Emadine)</li> <li>• Ketotifen (Alaway, Zaditor, Wal-Zyr, Allergy eye)</li> <li>• Levocapastine (Livostin)</li> <li>• Naphazoline (Naphcon-A)</li> <li>• Olopatadine (Pataday, Patanol)</li> </ul> <p><b><u>STOMACH MEDICATIONS (ANTACID/ANTI-NAUSEA/APPETITE)</u></b></p> <ul style="list-style-type: none"> <li>• Cimetidine (Tagamet)</li> <li>• Cyproheptadine (Periactin)</li> <li>• Dimenhydrinate (Dramamine)</li> <li>• Famotidine (Pepcid, Tums Dual Action)</li> <li>• Promethazine (Phenergan)</li> <li>• Ranitidine (Zantac)</li> </ul> <p><b><u>ALL HERBAL SUPPLEMENTS:</u></b> (including Astragalus, Feverfew, Green Tea, Licorice, Milk Thistle, Saw Palmetto, St. John's Wort)</p>

Do **NOT** stop the following: **asthma medications** (including inhaled corticosteroids, short or long-acting beta agonists, and Singulair), **antibiotics**, **oral steroids** (including prednisone), **certain heartburn medications** (Prilosec, Nexium, Prevacid, Zegerid, Aciphex, Dexilant, and Protonix), and **certain nasal sprays** (Atrovent, Flonase, Nasacort, NasalCrom, Nasonex, Rhinocort, Omnaris, Qnasl, Veramyst, and Zetonna).

**Some antidepressants/sedatives** MAY interfere with skin testing and should be brought to the attention of your Allergist.

**\*NOTE: Do NOT stop these medications prior to discussion with your Prescribing Physician\*.**

**Tricyclic Antidepressants (TCAs):**  
 Amitriptyline (Limbitrol Elavil, Triavil); Desipramine (Norpramin); Nortriptyline (Aventyl, Pamelor); Doxepin (Sinequan, Zonalon, Prudoxin, Adapin); Imipramine (Tofranil); Protriptyline (Vivactil); Trimipramine (Surmontil)

**Benzodiazepines:** Alprazolam (Xanax); Clonazepam (Klonopin); Diazepam (Valium); Lorazepam (Ativan); Midazolam (Versed); Temazepam (Restoril)

**Atypical Antidepressants/Sedatives:**  
 Bupropion (Wellbutrin); Eszopiclone; Mirtazapine (Remeron); Quetiapine; Trazodone (Oleptro); Zolpidem (Ambien)

Certain antidepressant medications do **NOT** interfere with allergy testing and can be continued: SSRIs (Celexa (Citalopram), Lexapro (Escitalopram), Prozac, Sarafem (Fluoxetine), Paxil, Pexeva (Paroxetine), Zoloft (Sertaline)) and SNRIs (Effexor (Venlafaxine), Pristiq (Desvenlafaxine), Cymbalta (Duloxetine)).

**IF YOU ARE NOT SURE ABOUT A MEDICATION, PLEASE CALL BEFORE YOU TAKE IT.**